

June 2025

Brown County MRC

Newsletter




medical reserve corps

BROWN COUNTY MRC

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Upcoming Events

- CPR June 10
- BLS Class June 21
- PHEP Lunch June 24

Next Meeting: June 3

Join us & enjoy a Taco Bar!

Birthdays



- Brent Mosely-June 2
- Sandra Skrhak-June 18
- Lisa Holdridge-June 20
- Anette Bernat-June 20

New Members

- Alexandria Martinez
- Jackson Karnes
- Erica Hernandez

2025 Volunteer Appreciation Dinner

We celebrated our dedicated volunteers with an unforgettable evening filled with gratitude, laughter, and heartfelt moments. A special thank you to Cindy and Paul for their incredible cooking, and to all PHEP staff who helped make the event seamless and successful. Your support made the night truly special.



Volunteer of the Year Lizanne Wilson

A huge congratulations to Lizanne, who was named our 2025 Volunteer of the Year! Her exceptional commitment, positivity, and impact stood out, and it was a joy to recognize her during the event. From helping organizing events to stepping up whenever needed, her dedication inspired us all. We also extend our heartfelt thanks to every volunteer—your time, passion, and energy are what make our community thrive. You are all truly appreciated!



Set a Goal, Grow Your Skills, Win a Prize!

Pick a training that aligns with your interests or goals, complete it, and send us your certificate to enter a raffle at our next bi-monthly meeting. It's a great way to invest in your development—and maybe win something fun while you're at it!

Pick a training—whether it's a short online course or a video session—every step counts. Let's keep learning and growing together!

Log into your MRC Training & pick an option from your training plan.

Brownwood/Brown County Health Department offers

Heart Saver First Aid and CPR Class

305 BOOKER STREET

Learn Life-Saving Skills!
Join Our First Aid & CPR Training

TUESDAY JUNE 10TH

EDUCATION ROOM STARTING AT 6PM

WHAT YOU'LL LEARN:

- How to perform CPR on adults, children, and infants
- Key steps for First Aid
- How to handle choking, cardiac arrests, and more



Contact Gio or Ashley prior to registration.